



New Hanover County
Health Department
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For release: Immediate
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Additional case of novel H1N1 Influenza Confirmed in New Hanover County

The New Hanover County Health Department was notified by the State Laboratory of Public Health today that an additional case of novel H1N1 influenza virus has been confirmed in a day care aged child in New Hanover County. Parents of the child have been notified. This new case is not unexpected since according to the Centers for Disease Control and Prevention as of June 4th at 11:00 am, there have been 11,054 cases confirmed nationwide and 35 confirmed cases in North Carolina. The Health Department is awaiting the results on a school aged child, whose specimen was forwarded to the State Laboratory for Public Health by a local sentinel provider.

The New Hanover County Health Department is working to determine who might have been exposed before the patient showed symptoms. Officials will be notifying anyone with whom there was close contact. People who have been in close contact with the patient will be advised to go home at the earliest sign of illness and to minimize contact in the community to the extent possible. New Hanover County remains in contact with the North Carolina Division of Public Health, local school system, child care providers and physicians. School closure or child care closure is not recommended at this time.

The following information can help residents prevent transmission of the novel H1N1 and seasonal influenza.

- Wash your hands frequently with soap and water or alcohol-based hand rub
- Cover your mouth and nose when coughing or sneezing
- Avoid close contact with those who are sick
- Stay at home if you are sick

Influenza-like symptoms (novel H1N1 and seasonal influenza) include fever, cough, sore throat, body aches, headache, chills and fatigue. Some people have reported diarrhea or vomiting associated with this virus. Like seasonal influenza, novel H1N1 influenza in humans can vary in severity from mild to severe. Certain groups might be more likely to develop a severe illness from novel H1N1 infection such as persons with diabetes, heart disease, asthma or emphysema. Pregnant women are also at risk for complications from this virus. People who feel sick should check with their health care provider about any special care they might need.

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“Healthy People, Healthy Environment, Healthy Community”

Residents with additional questions may call the State of NC Care Line 1-800-662-7030 or go to the NC Division of Public Health website, www.ncpublichealth.com. The New Hanover County Health Department message line (798-6684) also has additional information.