

BIKE ROUTE DESCRIPTIONS

Cape Fear Run (NC Bicycling Highway 5)


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Connects:

The Triangle area (Apex) to Southport

Length: 33 miles in New Hanover County, 160 miles total

Passes By:

Downtown (8.3), Greenfield Lake (10.1), River Road Park (18.5), Veterans Park (20.0),
Snows Cut Park (23.3), Carolina Beach Park (25.6), Fort Fisher/Aquarium (31.4/31.8)

Distance Traveled	Section Length	Turns	Streets	Conditions
Cape Fear Run- Southbound				
Starts at Pender County line on US 421				
0.0	6.6	South	US 421	4/5 lanes, fast, shoulders, smooth
6.6	0.7	Left	3rd Street	4 lanes, bridge, grating, smooth
(6.8 – NE Cape Fear River Bridge, grating)				
7.3	0.6	Right	Front Street	4 lanes, quiet
7.9	0.1	Right	Red Cross Street	2 lanes, downtown, rough
8.0	0.3	Left	Water Street	
8.3	0.1	Left	Market Street	2 lanes, downtown
8.4	1.7	Right	Front St. (RR tracks 9.4)	2/3 lanes, downtown
10.1	1.6	Right	Burnett Blvd.	2 lanes, quiet
11.7	0.1	Right	Shipyard Blvd.	
11.8	12.4	Left	River Rd. (RR tracks 12.4)	2 lanes, fast, bike lanes
24.2	1.1	Right	Carolina Beach Rd.	4 lanes, fast, dangerous
(24.5 - Snows Cut Bridge, tall and windy)				
25.3	2.7	Right	Dow Rd.	2 lanes, fast & rough
29.0	0.4	Left	K Ave.	2 lanes, downtown
29.4	3.6	Right	Fort Fisher Blvd. (Bike	2 lanes, smooth

			Lanes)	
33.0 Ends at the Southport/ Fort Fisher Ferry landing				
Notes:				
	<ul style="list-style-type: none"> • Light on US 421 and 3rd St • Light on 3rd St at Front St. • Lights on Front St. at Market St. and Burnett Blvd. • Lights on Carolina Beach Rd. and Dow Rd. • Light on Dow Rd. at Fort Fisher Blvd. 			
Needs:				
	<ol style="list-style-type: none"> 1. Bike lanes on Front St. south of RR tracks 2. Bike lanes on Carolina Beach Rd. 3. Bike lanes on Dow Rd. 			