

Breastfeeding Basics Class

Breastfeeding is easy to learn!
Breastfeeding helps build a special bond with your baby!
Breastfeeding won't tie you down!
Breastfeeding doesn't have to change the way you eat!
Breastfeeding really matters!

Breastfeeding your baby is a special way to begin your life together! It is a wonderful gift only a mother can give.

This breastfeeding basics class for expectant mothers is held at the New Hanover County Health Department Auditorium from 5:45 – 7:45 pm on:

August 12, 2002	September 23, 2002
November 4, 2002	December 16, 2002
February 3, 2003	March 17, 2003
April 28, 2003	June 9, 2003
July 21, 2003	September 2, 2003
October 13, 2003	November 24, 2003
January 5, 2004	

If you have any questions, call Susan at 343-6674.