

NEW HANOVER COUNTY DEPARTMENT OF AGING SERVICES

1. HEALTH SCREENINGS:

- *WellCare Health Services... Blood Pressure Checks* conducts blood pressure checks at the following locations:
Senior Center, 2222 South College Road, (2nd) Wednesday, 10:00am until 12:00noon
Riverside Nutrition Site, Old Bridge Site Road, Castle Hayne, (3rd) Wednesday, 10:00am until 12:00noon
First Baptist Missionary Ch. Nutrition Site, 520 N. 5th St., Fourth (4th) Tuesday, 10:30am - 12:00noon
- *Eldercare Convalescent Service, Inc./ (Herring Associates)...Blood Pressure Checks*
Eldercare Convalescent Service, Inc. (Herring Associates) conducts blood pressure checks at the Senior Center on the Third (3rd) Wednesday of each month from 10:00am until 12:00noon.

2. FITNESS & HEALTH PROMOTION:

Check out our many and varied fitness and health offerings here at the senior center. A listing of exercise classes and other health promotion opportunities can be found in this newsletter. For more information call the appropriate contact person listed. The Senior Center also has a treadmill and an exercise bike available on a first come-first serve basis. The Hugh MacRae Nature Trail, a part of New Hanover County Parks & Recreation is located adjacent to the senior center and is available for your enjoyment.

3. INSURANCE COUNSELING:

The Senior Health Insurance Information Program (SHIIP) has insurance counselors trained by the SHIIP program and the North Carolina Department of Insurance. Counselors are available by appointment. For more information: Cheryl Hoffman, SHIIP Coordinator Phone: 798-6406 choffman@nhcgov.com

4. TAX PREPARATION: Cheryl Hoffman, VITA Program Coordinator, 798-6406 or choffman@nhcgov.com
The Volunteer Income Tax Assistance (VITA) Program is available each year from February through April 15. VITA volunteers prepare State and Federal Income Taxes for individuals free of charge.

6. LEGAL SERVICES: Gayle Ginsberg, Case Assistance, 798-6402 or gginsberg@nhcgov.com
The legal staff of Legal Aid of NC – Wilmington Office provides legal services in civil matters to eligible, low-income clients. 201 North Front Street # 1002, Wilmington, NC, Phone: 763-6207 Fax: 343-8894

7. GENERAL TRANSPORTATION: Valerie Smith, Transportation Coordinator, 798-6401 or vsmith@nhcgov.com
General transportation for person 60 years or older. Dependent upon available funding.
For Medicaid transportation call NHC County Department of Social Services. Phone: 798-3400 Fax: 798-3627.

8. MEDICAL TRANSPORTATION: Valerie Smith, Transportation Coordinator, 798-6401 or vsmith@nhcgov.com
Medical transportation for persons 60 years or older. Dependent upon funding.

9. CAREGIVER CLASSES: Gayle Ginsberg, Case Assistance, 798-6402 or gginsberg@nhcgov.com
Provides services for eligible caregivers through the Family Caregiver Support Grant.

10. FAMILY SUPPORT GROUPS: Gayle Ginsberg, Case Assistance, 798-6402 or gginsberg@nhcgov.com
Support Groups at the Senior Center : Blind & Visually Impaired, Deaf & Hard of Hearing, Family Caregiver , Parkinson's, Essential Tremor, Lewy Body Dementia.

11. HOUSING: Gayle Ginsberg, Case Assistance, 798-6402 or gginsberg@nhcgov.com
The Wilmington Housing Authority is a leader in providing affordable housing to persons with low to moderate income. Contact: Wilmington Housing Authority, 1524 South 16th Street, Wilmington, NC Phone: 341-7747 or www.wha.net
or Cape Fear Council of Governments/Area Agency on Aging, Phone: 395-4553 or <http://www.capefearcog.org/>

12. REVERSE MORTGAGE COUNSELING: Gayle Ginsberg, Case Assistance, 798-6402 or gginsberg@nhcgov.com
As a consumer protection measure, NC consumers are required by State and Federal law to receive counseling from a state certified counselor before they can complete a reverse mortgage. The North Carolina Housing Finance Agency's website is:
<http://www.nchfa.com/Homebuyers/HOreversemortgage.aspx>
This website provides information about the program and maintains a statewide list of certified reverse mortgage counselors.

12. HOME REPAIR & MODIFICATION: Gayle Ginsberg, Case Assistance, 798-6402 or gginsberg@nhcgov.com

13. HOME HEALTH SERVICES: Gayle Ginsberg, Case Assistance, 798-6402 or gginsberg@nhcgov.com

14. IN-HOME AIDE SERVICES: Gayle Ginsberg, Case Assistance, 798-6402 or gginsberg@nhcgov.com

15. **MEDICAID BENEFITS:** Medicaid information available through NHC Department of Social Services, Phone: 798-3400
Fax: 798-3627
16. **MEDICARE BENEFITS (Part D Prescription Drugs):** Diane Turner, 798-6422 or [diturner@nhcgov.com](mailto:dturner@nhcgov.com)
17. **SOCIAL SECURITY BENEFITS:** Social Security Administration – 815-4733
18. **JOB TRAINING:** Cape Fear Area United Way Senior Aides Program-798-3909
19. **JOB PLACEMENT:** Senior Job Placement Services, 798-6409
20. **CONGREGATE MEALS:** Faye Jacobs. 798-6412 or fjacobs@nhcgov.com
21. **HOME DELVERED MEALS:** Faye Jacobs, 798-6412 or fjacobs@nhcgov.com
22. **ADULT DAY CARE/DAY HEALTH :** Gayle Ginsberg, Case Assistance, 798-6402 or gginsberg@nhcgov.com
23. **COMMUNITY MENTAL HEALTH:** Gayle Ginsberg, Case Assistance, 798-6402 or gginsberg@nhcgov.com
24. **DISASTER SERVICES:** Brenda (Ben) Brow, 798-6416 or bbrow@nhcgov.com
25. **DURABLE MEDICAL EQUIPMENT/ASSISTIVE DEVICES:** Gayle Ginsberg, 798-6402 or gginsberg@nhcgov.com
or gginsberg@nhcgov.com
26. **HOSPICE CARE:** Gayle Ginsberg, Case Assistance, 798-6402
27. **LONG TERM CARE FACILITIES:** Gayle Ginsberg, Case Assistance, 798-6402 or gginsberg@nhcgov.com
28. **REHABILITATION SERVICES:** Gayle Ginsberg Case Assistance, 798-6402 or gginsberg@nhcgov.com
29. **REPORT SUSPECTED ABUSE, NEGLECT or EXPLOITATION:** Gayle Ginsberg, 798-6402 or NHC Department of Social Services 798-3400
30. **RESPIRE:** Gayle Ginsberg, Case Assistance, 798-6402 or gginsberg@nhcgov.com
31. **SENIOR GAMES:** Annette Crumpton, 798-6410 or acrumpton@nhcgov.com
32. **PHONE PALS for FRIENDSHIP:** Gayle Ginsberg, Case Assistance, 798-6402 or gginsberg@nhcgov.com
33. **SPECIAL NEED REGISTRY:** Ben Brow 798-6416 or bbrow@nhcgov.com

Department of Aging - COMPREHENSIVE ANNUAL FINANCIAL REPORT: New Hanover County Department of Aging

Available on-line at <http://www.nhcgov.com/AgnAndDpt/Finc/Pages/DeptInfo.aspx>

Select - Financial Information, Select Comprehensive Annual Financial Report Fiscal year. Also available: Financial Highlights, Annual Audit and Financial Presentation. A computer in the main lobby of the Senior Center is available for this search. If you prefer to review a paper copy of the financial report, you may contact Annette Crumpton, Director, New Hanover County Department of Aging. For further information contact: New Hanover County Finance Department 230 Government Center, Suite 165, Wilmington, NC 28403 Phone: 798-7187, Fax: 798-7410

New Hanover County Department of Aging-Senior Center Mission Statement:

To act as the focal point for Aging Services in New Hanover County by providing services which promote wellness, encourage independence, and enhance quality of life for all older persons.

Please visit the Department of Aging Website: <http://www.nhcgov.com/AgnAndDpt/AGNG/Pages/DeptInfo.aspx>

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